

# **Team Montana**

## **Middle School National Dual Team**

**LEE PAMULAK MIDDLE SCHOOL NATIONAL DUALS**

**Are you up for the Challenge?**

**NEW THIS YEAR!!!**

**We will use placement at the Montana State  
Middle School Tournament**

**In Lewistown, MT on Saturday, March 8<sup>th</sup>  
2014**

**We will only be taking 2 teams this  
year!!!**

**CONTACT: Guy Melby, AAU Folkstyle Chairman or Shane  
Gorder, Montana AAU Wrestling Sports Director**

**CHALLENGES: \*Must sign up at the State Middle School  
Championship in Lewistown, MT**

**\*Everyone is encouraged to sign-up if you would like to go!**

**\* Highest placers go first – Placement at this tournament will  
decide the teams.**

***If the 1<sup>st</sup> or 2<sup>nd</sup> place finisher can not  
go – we will use the placers that  
finish next (If you signed up and  
placed 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, etc. please do not  
leave until we have confirmation of  
team commitment – you may get to  
go).***

**\*\*The order of finish in the tournament is final. You cannot  
re-challenge.**

**HOTEL: Holiday Inn Airport (1-515-287-2400)  
DesMoines, Iowa**

**COST: \$350**– Includes travel, sublimated singlet, shorts, t-shirts, bag, hotel (2 nights), pizza.

**\*\*\*\*The total cost is due at the try-outs  
when you make the team\*\*\*\***

**This is a change --- be prepared to pay for this  
trip ON SITE if you make the team!!!**

**AGAIN – IF YOU MAKE TEAM I or TEAM II AS DECIDED  
BY THE RESULTS – YOU MUST GET PAPERWORK  
AFTER THE TOURNAMENT AND PAY FOR THE TRIP IN  
FULL!**

## **Lee Pamulak Middle School Duals Information:**

**HyVee Hall**

**Des Moines, Iowa**

**Travel - APRIL 10, Weigh-in - APRIL 11, Competition -  
APRIL 12 & 13, 2014**

*...where the path begins*

**WHO:** Members Of Any Wrestling Organization Currently Enrolled In 6<sup>TH</sup>  
Through 8<sup>TH</sup> Grade. Maximum Age 15 (If You Turn 16 In 2013 You're  
Ineligible). AAU Card And Copy Of Birth Certificate Required At Weigh-ins.  
**FORMAT:** Folkstyle, 7 Matches Minimum. All Matches 1 ½- 1½ - 1 ½ minutes  
periods.

16 to 24 mats, as needed. Pool wrestling followed by team championship brackets.

**AWARDS:** AAU Championship medals for teams and individuals.

Team Trophies for 1<sup>st</sup> through 8<sup>th</sup> place plus consolation bracket champions.

**WGTS: 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130,  
135, 140, 145, 152, 160, 171, 189, 250**